



Las Nubes Semester Abroad



Mandatory Session

April 3, 2017

HNES 140



Agenda

- Intro
- Risk Assessments
- Enrolments
- York International Mobility Award
- Orientation Sessions
- Packing List
- Qs & As
- Collection of payments (Bev)
- Travel details (Ana)

Enrolling in the classes

- Everyone here should be “approved” to enroll: that means, on the REM system you should have access to the courses you have chosen
- Undergrads – that is all you have to do
- NON-FES graduate students – check with you program
- FES graduate students: you MUST enroll on REM and in the DOSSIER, including a Letter of Permission – Graduate Student to Enroll in Undergrad Course, one for EACH COURSE
 - <http://gradstudies.yorku.ca/files/2014/08/course-grad-undergrad.pdf>

York International

New Students

Current Students

Go Global

International Visitors & Partners

Faculty & Staff

Prospective S

[York International](#) » [Go Global](#) » York International Mobility Award (YIMA)

York International Mobility Award (YIMA)

What is YIMA?

The York International Mobility Award (YIMA) is a travel subsidy provided to degree-seeking York University students in support of their participation in global learning opportunities.

Eligibility

All York University students selected for international mobility programs are eligible to receive YIMA.

The amount of YIMA funding is based on: (1) program duration and the (2) destination/country where the activity is taking place. Students with financial needs will be given higher consideration.

- For credit mobility programs: York International, Osgoode and Glendon Exchange Programs and other approved York University short-term programs.
- Non-credit mobility programs: international conferences, competitions, fora and other approved global learning initiative.

York International also provides Supplemental YIMA for students experiencing financial hardship as a result of unforeseen circumstances during their exchange.

For more information, send an email to goglobal@yorku.ca with 'YIMA' on the subject line.

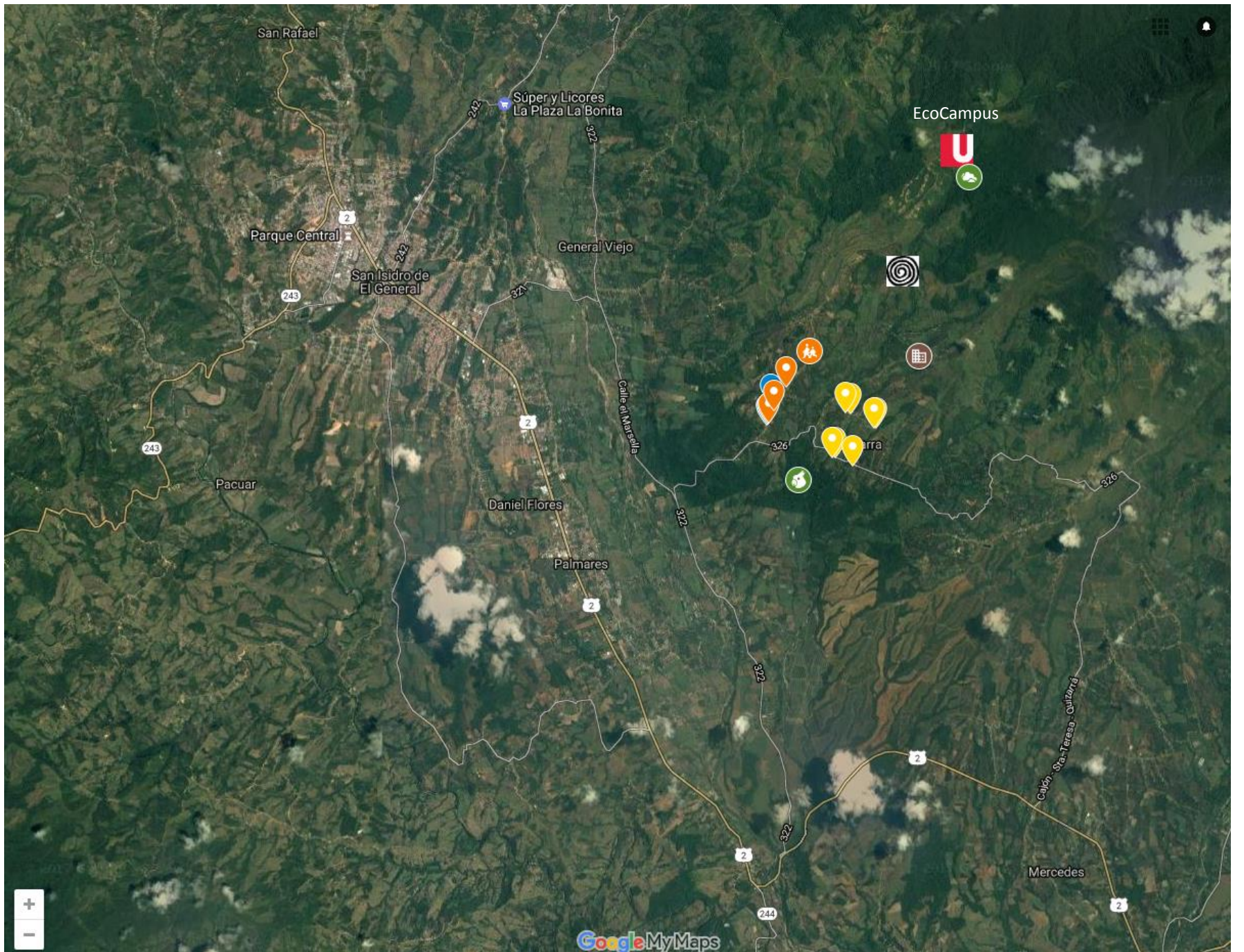
How to Apply

Students are encouraged to apply online using the following links:

- For programs from May 2016 to April 2017, [apply here](#).
- For programs from May 2017 to April 2018, [apply here](#).

Orientation Sessions

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
APRIL	23	24	25	26 ENVS 4810B: Environmental Arts and Food Sovereignty 1-4 pm HNES 142	27	28	29
MAY	30	1 ENVS 4120: Natural History: Political Ecology Encounters Env. Education 1-4 pm HNES 141	2 ENVS 4446: Protected Area Management 10 am - 1 pm HNES 109 ENVS 4800A: Advanced Topics in Environment and Health 1:30 – 4:30 pm HNES 141	3 ENVS 4215: Globalization and Indigenous Peoples 1-3 pm HNES 141	4	5 York University tuition fees (not the same as the course fee) must be paid before the end of the week	6



PACKING LIST

- White shirt for ENVS4810A & ENVS4215 (Boruca trip)

GENERAL GUIDELINES

1. Travel Light: One large backpack or duffle bag per person plus one day pack. (Do not pack more than you can carry by yourself!)
2. Pack items that are easy to wash and dry quickly (e.g. No heavy jeans; bring synthetics).
3. Pool items with friends whenever possible.

1. ITEMS TO TAKE FOR COURSE
2. CLOTHING and PERSONAL ITEMS
3. OTHER ITEMS
4. IMPORTANT!

1. ITEMS TO TAKE FOR COURSE:

- Two gifts for home stay families (\$5-10 each)
- Maple leaf pins (local MP)
- Notebook and journal
- Any materials for your presentation (papers/research)
- Pens, pencils, art supplies you love
- Spanish-English dictionary (can be shared)
- Costa Rica Manual for Researchers (abridged version, can be shared)
- Money belt (optional)

2. CLOTHING and PERSONAL ITEMS:

- Light cotton trousers, shirts, blouses, t-shirts (both long and short sleeve)
- Walking shorts –(*not too short*)
- Hiking shoes/boots
- Sneakers
- Water shoes
- Sandals
- Rain jacket (with hood)
- Hooded sweatshirt
- Hat (for sun)
- Sunglasses
- Bathing suit
- Towel (quick dry towel)
- Water bottle
- Wristwatch
- Toiletries (some items can be pooled)
 - Soap bar
 - Shampoo/Conditioner
 - Washcloth
 - Toothbrush/toothpaste
 - Tissues/Wet wipes
 - Sunscreen (30 spf)
 - Aloe Vera or Solarcain
 - Laundry detergent (although soap bar works too)

3. OTHER ITEMS

- Umbrella (but cannot be on carry-on luggage)
- **Cell phones, tablets and laptops???**
- **Camera** and film card
- Flashlight and/or headlamp
- Spare batteries (for camera, flashlight, headlamp), these can usually be shared and most batteries are readily available except camera batteries
- Binoculars
- Bug repellent
- Travel alarm clock
- Ziplock bags
- Snacks for plane
- Leatherman or Swiss Army Knife (**must be in checked baggage**)
- Waterless soap and hand sanitizer

4. IMPORTANT!

- **Any important medications that you need!**
 - Imodium (or whatever is recommended by for family doctor)
 - Gravol and Tylenol
 - Polysporin
 - Plasters (Band Aids)
 - Compede for blisters
- **Passport!**
 - Photocopy/scan of passport
 - US dollars (aprox. US\$100 in 5s, 10s, and 20s; more if do not plan to use ATM)
 - Remember! *You **MAY** need **US\$29** to pay departure tax in Costa Rica*
- **Bank card and/or Credit card!**
 - Photocopy/scan of your flight information, health insurance, emergency contact information and bank cards and credit cards

ENVS 4800: Environmental Arts and Food Sovereignty

Instructor: Deborah Barndt

May 10-21, 2017

Itinerary

May 9, 2017	Arrival
May 10, 2017	Course framing at EcoCampus
May 11-13, 2017	Community Arts Project 1 at San Isidro's Farmers Fair
May 14, 2017	Various activities at EcoCampus
May 15, 2017	Planning for Alexander Skutch Festival at EcoCampus
May 16-18, 2017	Longo Mai
May 19-21, 2017	Various activities at EcoCampus and at the Alexander Skutch Festival
May 22, 2017	Departure

ENVS 4810A: Conservation and Development for Social-Environmental Wellbeing: Case Studies in Costa Rica

Instructor: Felipe Montoya

May 19-22, 26-29 & June 3-4, 2017

Itinerary

May 18, 2017	Arrival
May 19, 2017	Course framing at EcoCampus
May 20-21, 2017	Various activities at EcoCampus and at the Alexander Skutch Festival
May 22, 2017	Visits to Los Cusingos and farms in the ASBC
May 26-27, 2017	Trip to Buenos Aires, Aradikes and Salitre
May 28-29, 2017	Trip to Boruca
June 2, 2017	Various activities at EcoCampus and visit to Santa Elena
June 3, 2017	Visit to Dominical
June 4, 2017	Departure

ENVS 4215: Globalization and Indigenous Peoples

Instructor: Ravi de Costa

May 23-30, 2017

Itinerary

May 22, 2017	Arrival
May 23, 2017	Course framing at EcoCampus
May 24, 2017	Various activities at EcoCampus
May 25, 2017	Visit to Los Cusingos and various activities at EcoCampus
May 26-27, 2017	Trip to Buenos Aires, Aradikes and Salitre
May 28-29, 2017	Trip to Boruca
May 30, 2017	Various activities at EcoCampus
May 31, 2017	Departure

ENVS 4120: Natural History: Political Ecology Encounters Environmental Education in Costa Rica

Instructor: Leesa Fawcett

May 31 – June 9, 2017

Itinerary

May 30, 2017	Arrival
May 31, 2017	Various activities at EcoCampus
June 1, 2017	Visits to Los Cusingos and La Escondida
June 2, 2017	Various activities at EcoCampus and visit to Santa Elena
June 3, 2017	Visit to Dominical
June 4, 2017	Various activities at EcoCampus
June 5, 2017	Visits to Rivas
June 6, 2017	Various activities at EcoCampus
June 7-8, 2017	Visit to Sierpe
June 9, 2017	Various activities at EcoCampus
June 10, 2017	Departure

ENVS 4800A: Advanced Topics in Environment and Health (Ecosystem Approaches in the Field)

Instructor: Martin Bunch

June 8-17, 2017

Itinerary

June 7, 2017	Arrival
June 8-9, 2017	Various activities at EcoCampus
June 10, 2017	Various activities at EcoCampus and farm visit
June 11, 2017	Various activities at EcoCampus
June 12, 2017	Various activities at EcoCampus and farm visit
June 13, 2017	Individual assignment and group work
June 14, 2017	Various activities at EcoCampus and farm visit
June 15, 2017	Various activities at EcoCampus
June 16, 2017	Visit to Los Cusingos
June 17, 2017	Various activities at EcoCampus
June 18, 2017	Departure

ENVS 4446: Protected Area Management

Instructor: Sheila Colla

June 15-24, 2017

Itinerary

June 14, 2017	Arrival
June 15, 2017	Various activities at EcoCampus
June 16, 2017	Visit to Los Cusingos
June 17, 2017	Various activities at EcoCampus
June 18, 2017	Visits to farms in the ASBC
June 19, 2017	Various activities at EcoCampus and guest lecture
June 20-24, 2017	Various activities at EcoCampus (nature walks in the ASBC, data collection, project work)
June 25, 2017	Departure

Travel Details

- <http://fes.apps01.yorku.ca/machform/view.php?id=58480>
- Must fill this form before the end of the day

Collection of Paymnet

Today, April 3, 2017

- **Full course fee** must be paid following the meeting. Payments are payable to York University by money order, or a certified bank cheque. Please bring payment to HNES 139F

Qs & As

- Quick question regarding the home stays. Would there be a possibility to arrange having bottled water at the home stay? Or would we have to bring that ourselves?
- Will I stay with my friends at a home stay?
- Can I stay at the EcoCampus?
- I plan on staying in the coast prior to starting classes. I've heard that arrangements can be made to hop on the York bus on its way to Las Nubes in San Isidro. Is that right?